

UNITED REPUBLIC OF TANZANIA



MINISTRY OF EDUCATION, SCIENCE AND TECHNOLOGY
UNIVERSITY OF DAR ES SALAAM
DEPARTMENT OF PHYSICS



In replying please quote:

Ref. No. PHY/RL/IJL/2026/10

05th March 2026

RECOMMENDATION LETTER FOR Ms. PENINA GEORGE MBAGO

I am writing to recommend Ms. Penina George Mbago who is aspiring for participation in the Workshop on Advanced Nuclear Science and Technology Techniques (ANSTT6) to be held at iThemba LABS in Cape Town, 18th – 22nd May 2026.

Ms. Penina is a PhD student at the University of Dar es Salaam (UDSM) under my supervision. Her research focuses on assessing the radiation exposure to caregivers of patients treated with I-131 in Tanzania. She holds a Master of Science in Physics (MSc Physics) and a Bachelor of Science with Education (Physics and Mathematics) both from the UDSM. She is also an employee of the University of Dar es Salaam serving as an Assistant Lecturer of Physics.

In this workshop, Ms Penina wishes to present her work title, *“Estimation of Radiation Exposure to Family Members of Patients Treated with I-131 in Tanzania”*. If Participating in the ANSTT6 workshop will give her a platform not only to showcase her excellent work but also to obtain views from experts in the field. She will also get a chance to initiate collaborations with fellow young researcher and learn from the experienced researchers in field. This will turn out to be an important stepping stone for her exciting future carrier and an invaluable ingredient to the progress of the UDSM and Tanzania in general. I am confident that her enthusiasm and commitment will lead her to be an outstanding participant in the workshop.

I therefore recommend Ms. Penina’s submission and application for support to attend ANSTT6 workshop to be considered.

Sincerely,

A handwritten signature in black ink, appearing to read "Dr. Innocent J. Lugendo".

Dr. Innocent J. Lugendo.

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